

Volunteers required

For

Alzheimer's Society



Hounslow Community Support Service

Our Community Support service is for people affected by dementia in the borough of Hounslow who want to stay active and healthy by doing things they enjoy... you can help

Our Community Support service aims to:

- Support people to stay involved and active in their local community.
- Link people with a trained volunteer to help them to continue with activities they might not feel confident enough to do alone.
- Provide one-to-one practical help to support with light chores, cooking or shopping and emotional support regarding feelings of isolation or loneliness.
- Provides regular respite time for the person with dementia and their carer.



We are looking for volunteers who would like to make a difference by assisting us in providing these 1-to-1 opportunities as part of our Community Support Project.



- Training and Supervision will be provided
- Personal care is not included as part of this service

For further information e-mail or call our Hounslow office to speak to the Community Support Team

Tel: 020 8563 0360

**St. Vincent's House
49 Queen Caroline Street
Hammersmith, W6 9QH**

E-mail: Hounslow@alzheimers.org.uk